

## **CLOTHING POLICY**

### **PURPOSE:**

To outline the importance of appropriate clothing for children regarding the promotion of free play, cultural values and independence in children.

### **IMPLEMENTATION:**

Throughout the day each child will participate in a wide variety of learning experiences. Children are unable to gain maximum benefit from such experiences if they are worried about getting good clothes dirty. Whilst staff make a concerted effort to prevent children's clothing from the effects of craft material, water etc by using protective clothing, accidents do happen. It is therefore recommended that children are dressed in appropriate and comfortable play clothes in accordance with the current weather conditions. In order to promote each child's independence in toileting please ensure that clothes have elastic waistbands. Jeans with tight buttons and zips, overalls, braces, tight belts and tights make independent toileting difficult.

Although the centre maintains adequately supplied spare clothing box it is recommended that at least one set of the child's own clearly labeled clothing is packed into their day care bag to be used in the event of an accident or the occurrence of significant weather changes.

Staff plan and implement programs and discussions which identify appropriate clothing for various climatic conditions and convey respect to cultural differences with regards to clothing and attitudes to dress.

We recommend that children do not wear shoes with smooth, hard soles, as they are dangerous on the climbing equipment and extremely slippery on some surfaces. Similarly we encourage children to wear shoes with enclosed heels or supporting straps around the heels. For health and safety reasons: thongs, clogs and masseurs are deemed inappropriate.

Reviewed: 10 June 2005  
18 May 2006

Source: The Cancer Council NSW  
Quality Practices Guide, National Child Care Accreditation  
Council 2005